

Survivor?

Written by Diane Bogino

Dear Reader;

Being a survivor of child abuse and neglect I understand the pain people like us feel. I've always felt "different" than other people, but could never figure out why. I know what it's like to be in a bad relationship and the concerns for safety that brings. What I'm offering you is a complimentary 25-minute "Get a Better Life Now" coaching session one-on-one with me. During this session, we'll work together to:

- Increase the clarity, focus and direction for your life
- Help you create a specific strategy and a plan to reach your goals
- Help you build or enhance necessary skills
- Create a supportive environment to help you succeed
- Deal with the barriers that stop you from realizing your dreams

Yes! I'm ready for my complimentary "Get a Better Life Now" coaching session with Diane.

Don't wait another moment to begin your new life!

Learn more about Diane's coaching credentials.

Coaching Credentials:

Diane Bogino grew up in an environment that would even make Charles Dickens shudder. In spite of that she developed a "pull-yourself-up-by-the-bootstraps" mentality that has carried her through life with grace and determination,

Although she had the life experiences to help others, and has been coaching since 1995, she wanted the credentials to help others overcome their past and present challenges so she earned a Bachelor of Science in Psychology. In addition, she is a Certified Professional Behavioral Analyst (CPBA), a Certified Professional Values Analyst (CPVA), certified in TriMetrix Assessments, is a Certified Master Trainer (CMT), is a Registered Corporate Coach (RCC), and a Leaders Coaching Leaders Coach (CLC).

Eager to get the word out to others, she wrote the popular book: Finding Your Bootstraps: 11 Steps to Overcoming Victim Thinking. "Boots" isn't just another book about the tragedies of life. It's a book about finding and relying on your inner strength. This sometimes serious, sometimes tragic and sometimes funny book gives you 11 believable, doable steps to finding your voice and your place in this world.

If you want to work directly with Diane one-on-one as your own personal life and career coach, call 1.800.906.7834 or 404.320.7834 or email info@findingyourbootstraps.com to set up an appointment. Don't put your dreams off another minute, DO IT TODAY

What is a Coach?

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A coach is often named as someone who's between your therapist and your best friend. A good coach doesn't give you the answers, but rather helps you to discover the best answers for you, your life and career.

If you're tired of other people being in control of your life, emotions and energy; if you're tired of the past continuing to haunt your every thought; if you're tired of just surviving and not getting your needs met, if you dream of a better life, then read about the special offer on this page.

Take Back Your Life!

You have more power than you might think.

Quotes

Being defeated is only a temporary condition; giving up is what makes it permanent.

~~Marilyn vos Savant

1946 -

National columnist and author

We can let circumstances rule us or we can take charge and rule our lives from within.

~~Earl Nightingale

1921 - 1989

US motivational writer and author

He who knows others is learned. He who knows himself is wise.

~~Lao Tse (604 BC)

Chinese philosopher

The whole problem with the world is that fools and fanatics are always so certain of themselves, but wiser people so full of doubts.

~~Bertran Russell 1872-1970 Philosopher

All human actions have one or more of these seven causes: chance, nature, compulsion, habit, reason, passion, and desire

~~Aristotle 384BC-322BC

Greek Philosopher

Food for Thought:

Every part of your life, affects every part of your life.